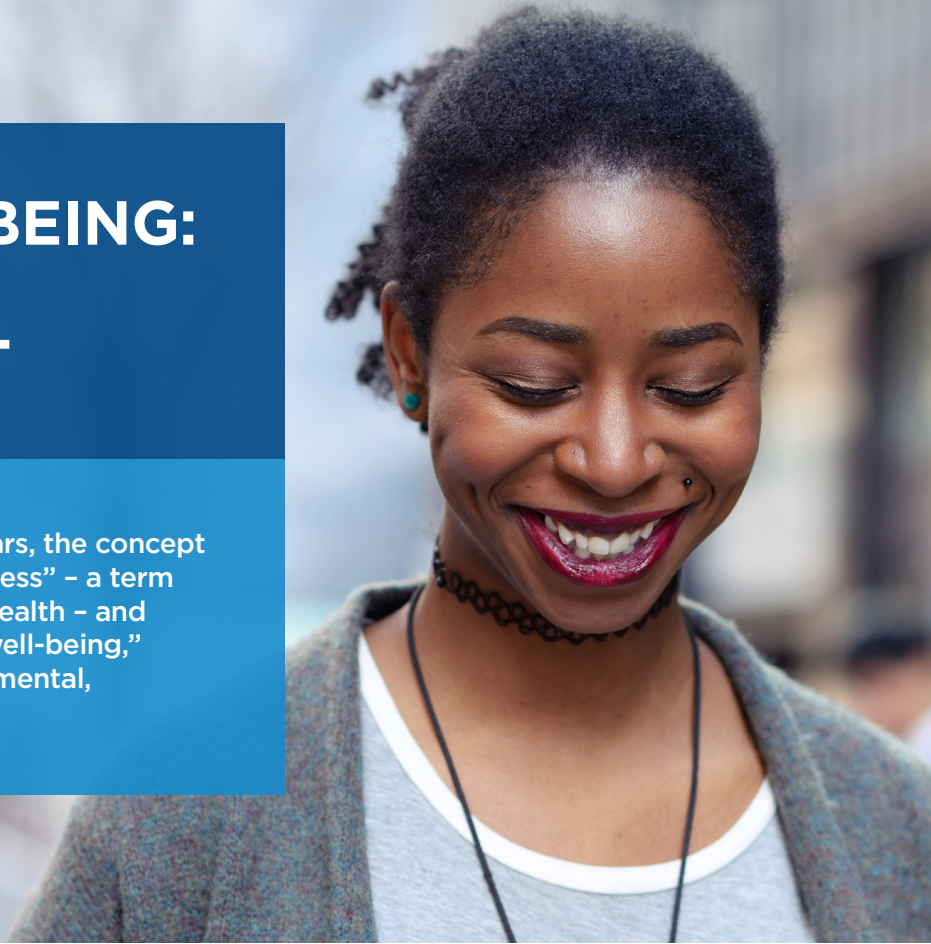


# EMPLOYEE WELL-BEING: WHAT'S NOW AND WHAT'S NEXT

Workplace wellness is evolving. In recent years, the concept has outgrown even the designation of “wellness” – a term that typically refers to employees’ physical health – and has found a broader identity as employee “well-being,” encompassing not only physical but environmental, emotional, financial and social health.



As employee well-being shifts toward a more holistic idea of employee health, your upcoming workforce may have an eye on your efforts in this area.

*Today’s job candidates are assessing you from every angle, and they may be looking for how working for you will affect their well-being, top to bottom.\**

How are organizations like yours really implementing these ideas? What effects do they have? What role does advanced technology play in this new concept of well-being? Cigna recently partnered with HR.com to conduct a comprehensive study to provide insight and guidance about the future of employee well-being. Consider our findings below.

